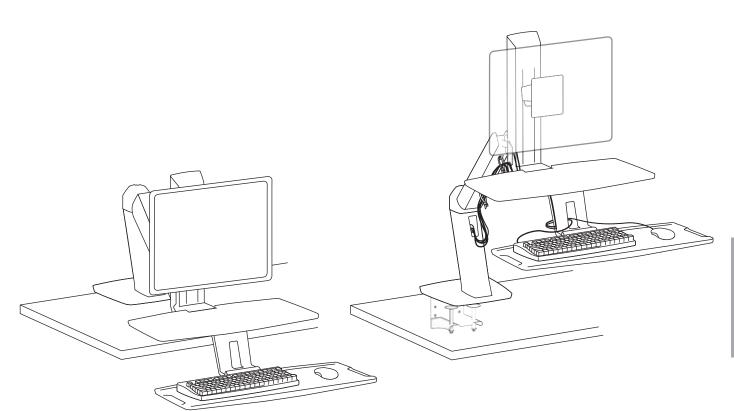


ASSEMBLY INSTRUCTIONS



For service and warranty visit www.ergotron.com

For local customer care phone numbers visit: http://contact.ergotron.com

For the latest User Installation Guide please visit: www.ergotron.com



User's Guide - English Guía del usuario - Español Manuel de l'utilisateur - Français Gebruikersgids - Deutsch Benutzerhandbuch - Nederlands Guida per l'utente - Italiano Användarhandbok - svenska ユーザーガイド:日本語

用户指南 : 汉语





www.ergotron.com USA 1-800-888-8458 Europe +31 (0)33-45 45 600 China 86-769-86018920

Warning: Because mounting surface materials can vary widely, it is imperative that you make sure mounting surface is strong enough to handle mounted product and equipment.



Adjust the height of your desk (or chair and footrest) to allow the keyboard to lower to your sitting elbow height for ergonomic computing.

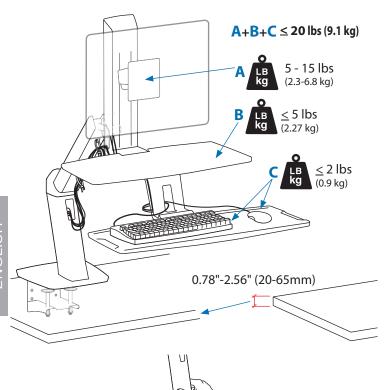


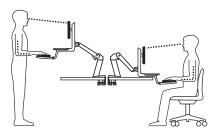
Caution:

0.78"-2.56" (20-65mm)

0.5"-2.5" (13-64mm)

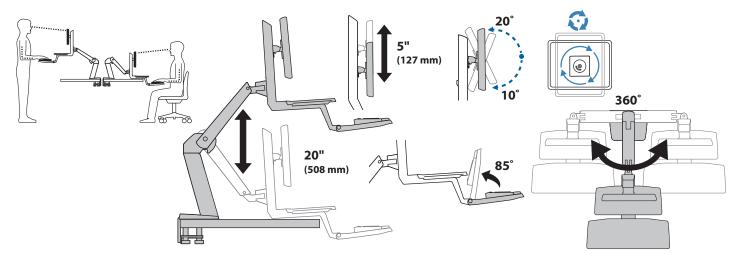
To avoid the potential to pinch cables it is important to follow the cable routing instructions in this manual. Failure to follow these instructions may result in equipment damage or personal injury.





Important! You will need to adjust this product after installation is complete. Make sure all your equipment is properly installed on the product before attempting adjustments. This product should move smoothly and easily through the full range of motion and stay where you set it. If movements are too easy or difficult or if product does not stay in desired positions, follow the adjustment instructions to create smooth and easy movements.

Depending on your product and the adjustment, it may take many turns to notice a difference. Any time equipment is added or removed from this product, resulting in a change in the weight of the mounted load, you should repeat these adjustment steps to ensure safe and optimum operation.



Set Your Workstation to Work For YOU!



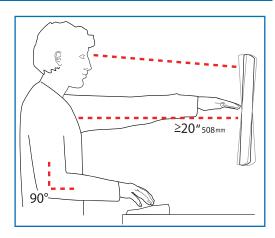
Learn more about ergonomic computer use at: www.computingcomfort.org

Height Position top of screen slightly below eye level.
Position keyboard at about elbow height with wrists flat.

Distance Position screen an arm's length from face—at least 20" (508mm).
Position keyboard close enough to create a 90° angle in elbow.

Angle Tilt screen to eliminate glare.

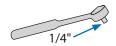
Tilt the keyboard back 10° so that your wrists remain flat.



To Reduce Fatigue
Breathe - Breathe deeply through your nose.
Blink - Blink often to avoid dry eyes.
Break • 2 to 3 minutes every 20 minutes
• 15 to 20 minutes every 2 hours.

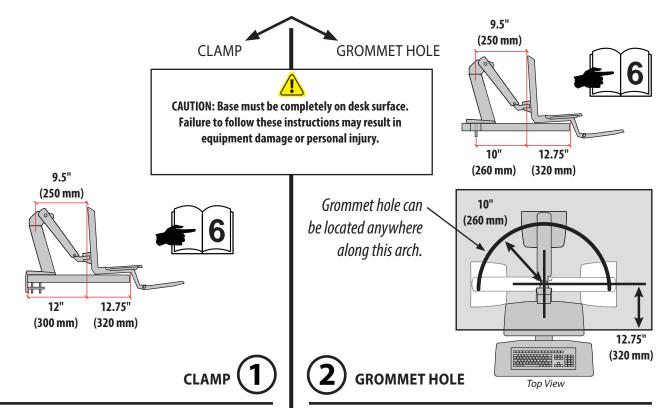
	А	В	С	D	E	F
1	1x (1x Sterde	1x		1x M5 x 8mm	8x M4 x 10mm
2	1x		 		1x (3) M3 x 6mm	4x
3					2x M4x16mm	M4 x 10mm
4	1x	4x	5		2x M6 x 45m	m
5			1x		8x	1x • 4 mm
6	1x		1x 🥌		1x 8mm	1/4"
7	1x 0 0 0	1x ₍₎		1x 🦱	2x (3) (M5 x 35mm	





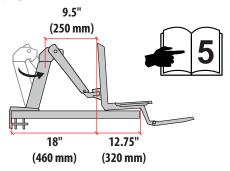
Arm Extension and Desk Size:

The keyboard tray is designed to extend over the edge of your desk. You can expand the extension of the arm if you need to based on your desk size. To determine if you need to expand your arm extension, refer to the 4 desk dimensions below:



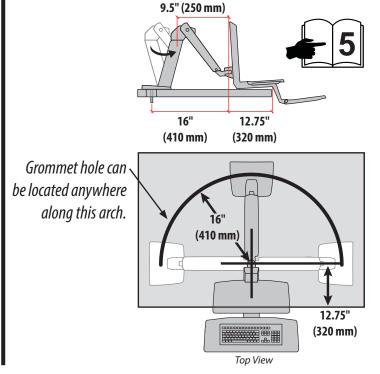
CLAMP With Expanded Arm Extension 3

To expand the arm extension, follow instructions on next page.

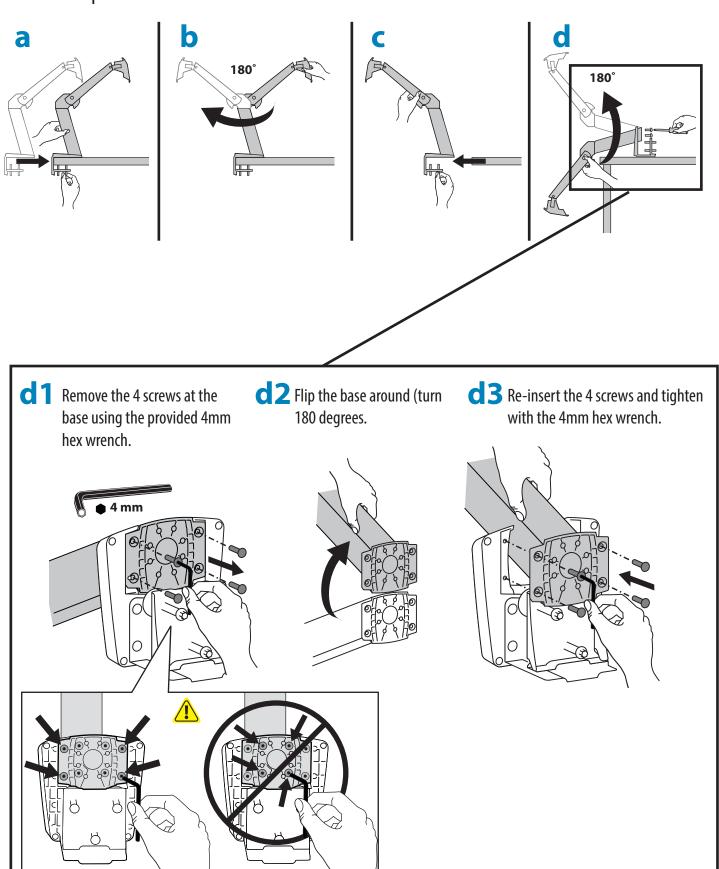


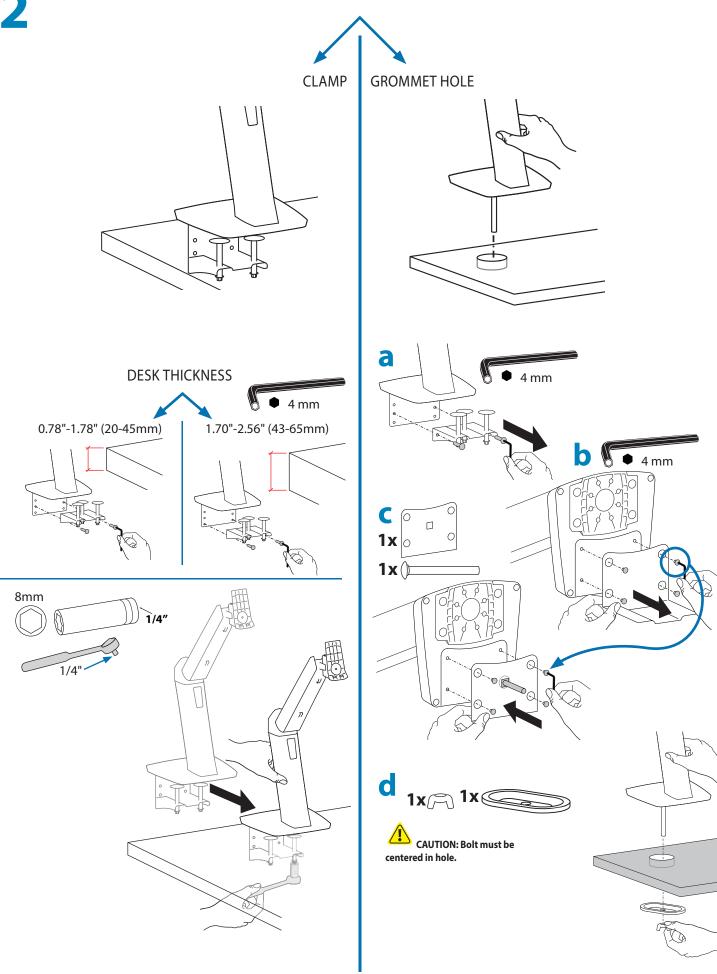
GROMMET HOLE With Expanded Arm Extension

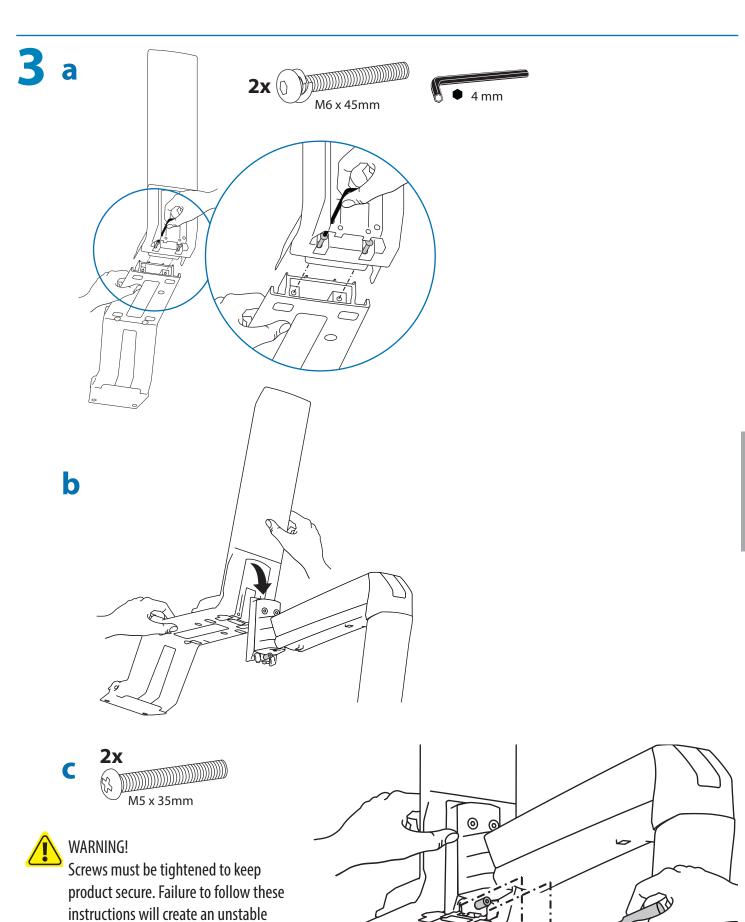
To expand the arm extension, follow instructions on next page.



How to expand the arm extension.



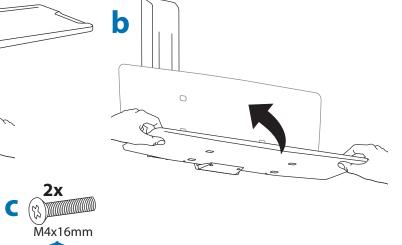


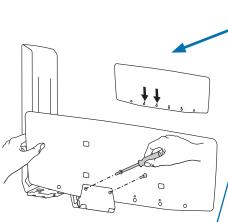


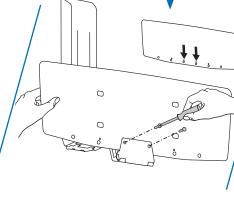
888-45-298-W-02 rev.F • 10/14

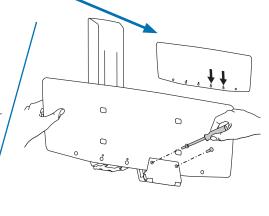
situation and may result in equipment

damage or personal injury.

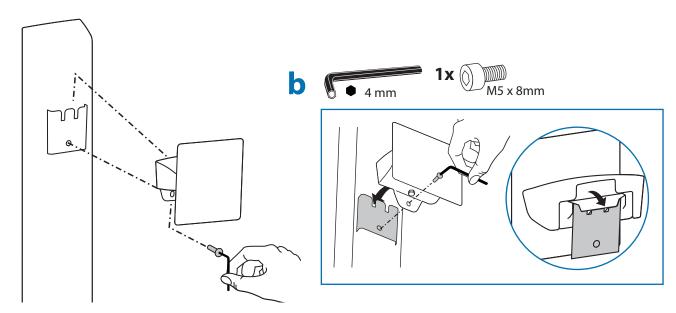




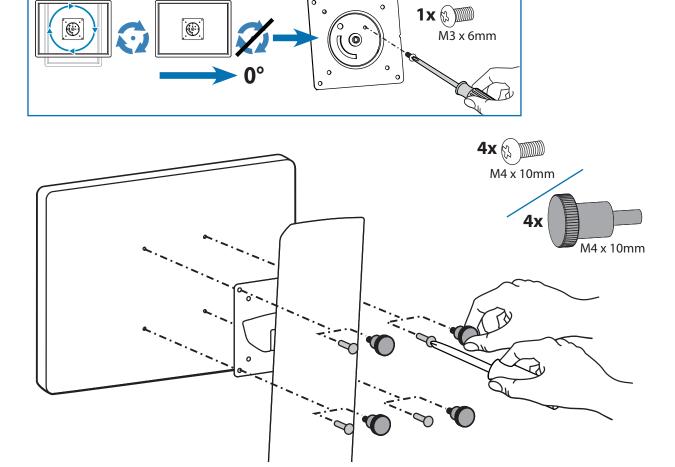


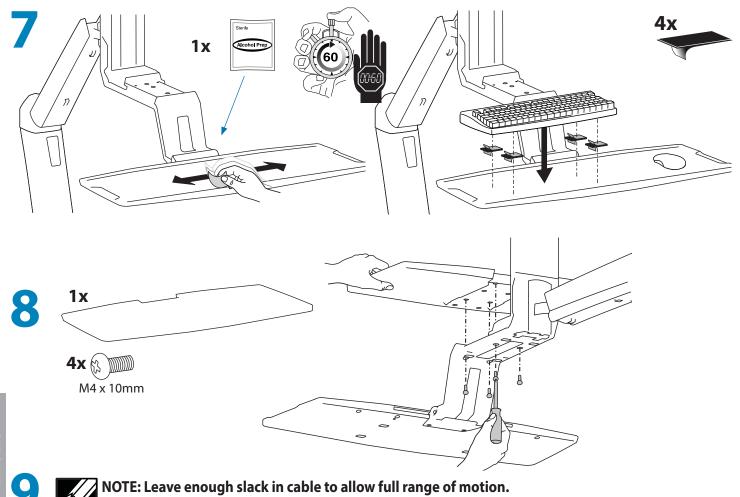


5 a



6

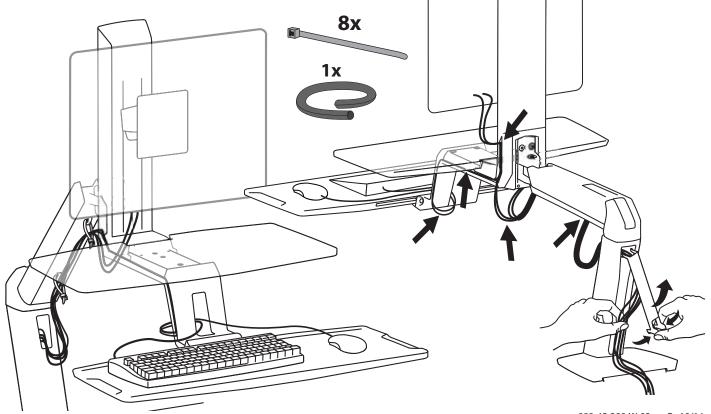




<u></u> ∧

Caution:

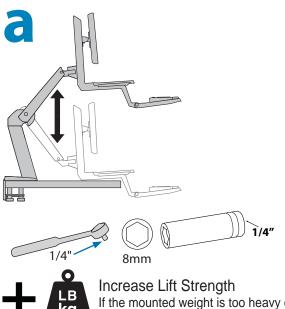
To avoid the potential to pinch cables it is important to follow the cable routing instructions in this manual. Failure to follow these instructions may result in equipment damage or personal injury.



10 @

Adjustment Step

Important! You will need to adjust this product after installation is complete. Make sure all your equipment is properly installed on the product before attempting adjustments. This product should move smoothly and easily through the full range of motion and stay where you set it. If movements are too easy or difficult or if product does not stay in desired positions, follow the adjustment instructions to create smooth and easy movements. Depending on your product and the adjustment, it may take many turns to notice a difference. Any time equipment is added or removed from this product, resulting in a change in the weight of the mounted load, you should repeat these adjustment steps to ensure safe and optimum operation.

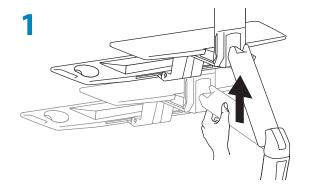


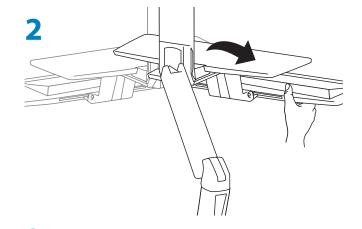
If the mounted weight is too heavy or this product does not stay up when raised, then you'll need to increase Lift Strength:

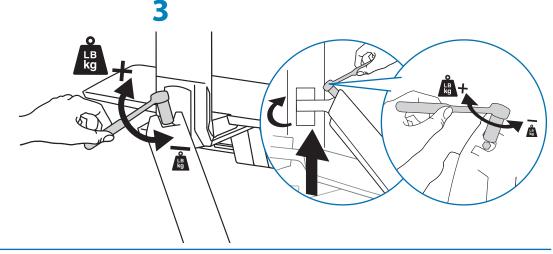


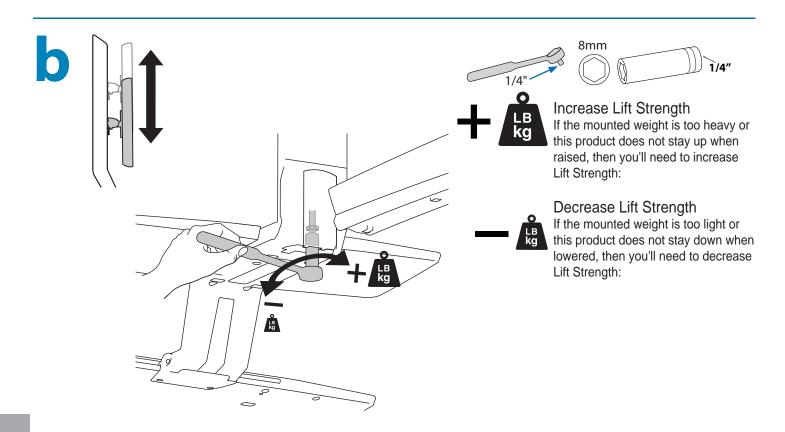
Decrease Lift Strength

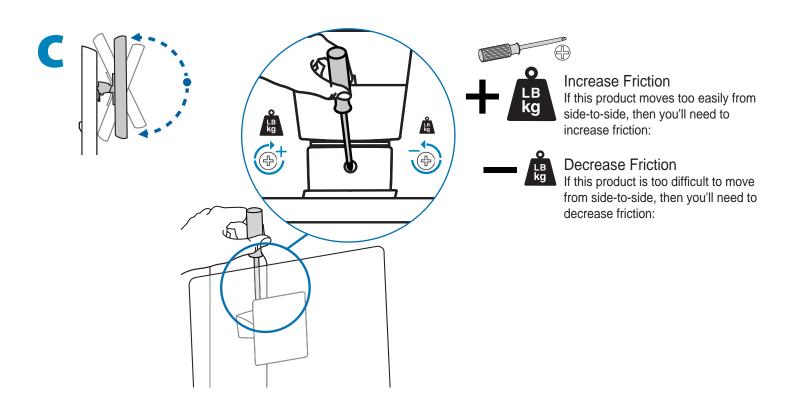
If the mounted weight is too light or this product does not stay down when lowered, then you'll need to decrease Lift Strength:

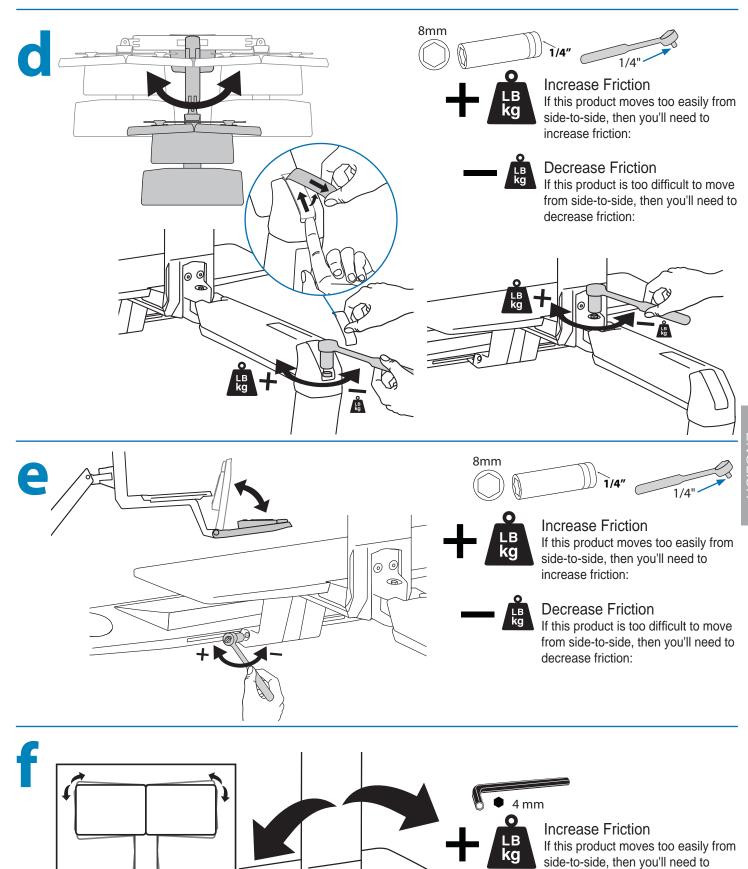










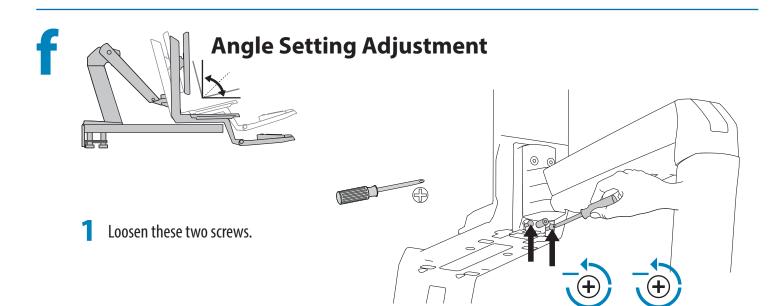


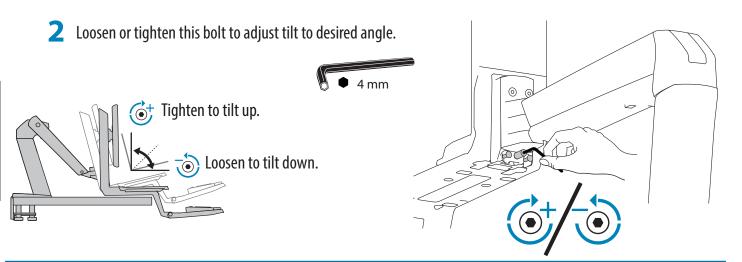
increase friction:

decrease friction:

Decrease Friction

If this product is too difficult to move from side-to-side, then you'll need to



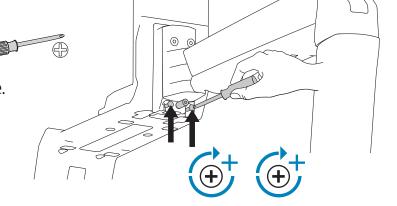


3 After desired tilt is achieved, retighten these two screws to secure.



WARNING!

Screws must be tightened to keep product secure. Failure to follow these instructions will create an unstable situation and may result in equipment damage or personal injury.





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