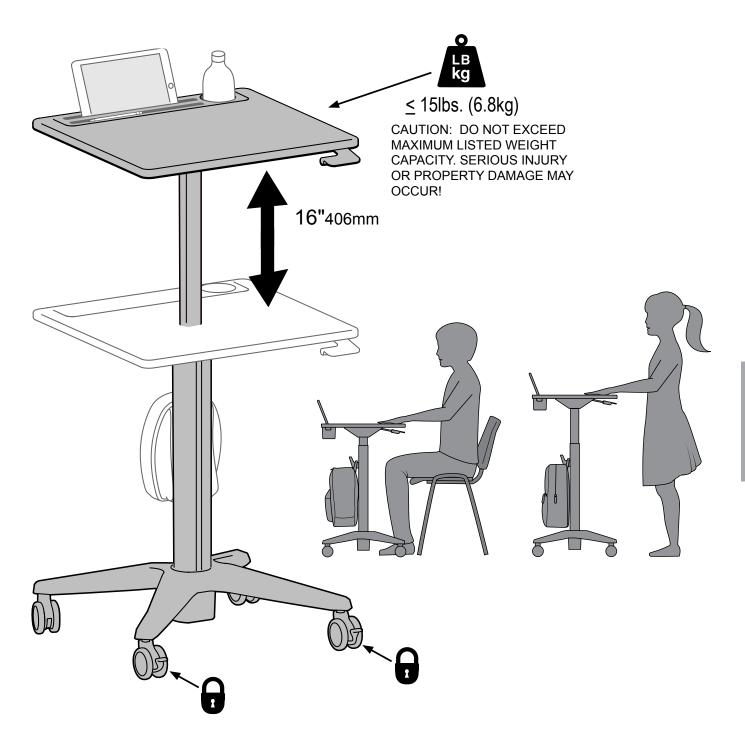


# LearnFit®



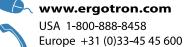
For the latest User Installation Guide please visit: www.ergotron.com



User's Guide - English Guía del usuario - Español Manuel de l'utilisateur - Français Gebruikersgids - Deutsch Benutzerhandbuch - Nederlands Guida per l'utente - Italiano Användarhandbok - svenska ユーザーガイド:日本語 用户指南: 汉语



China 400-120-3051

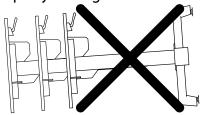


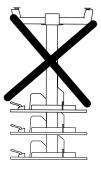
## Safety

## WARNING

# **IMPACT HAZARD**Moving Parts Can Crush & Cut

Do not tip the cart over on side or upside down. Cart must remain upright at all times. Tipping cart on side or upside down may cause unintended motion of the riser. Failure to heed this warning may result in serious personal injury or property damage!

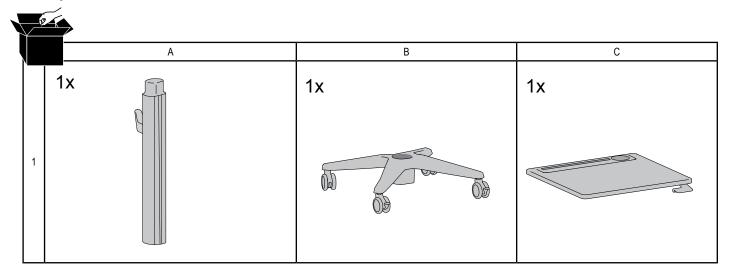




For more information on safe set-up and use of this product, refer to use manual at www.ergotron.com or contact Ergotron Customer Care at 1-800-888-8458.

827-515-00

## Components

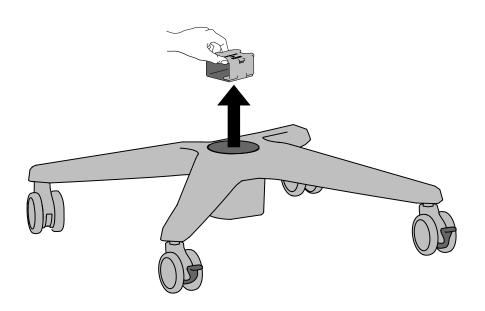


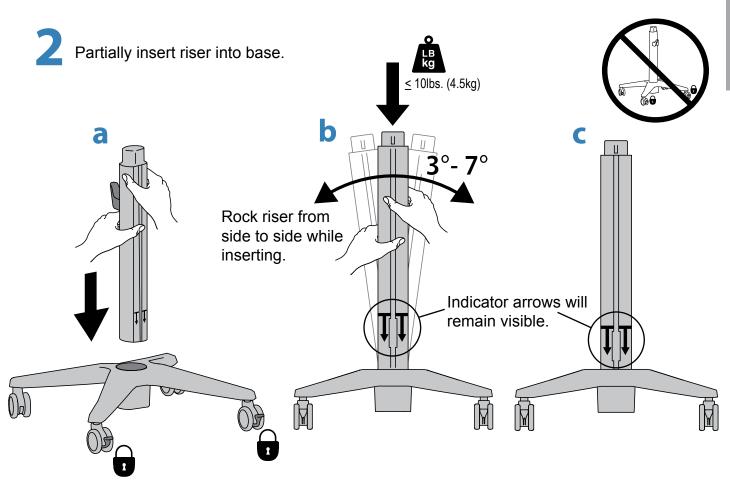
### **Tools Needed**

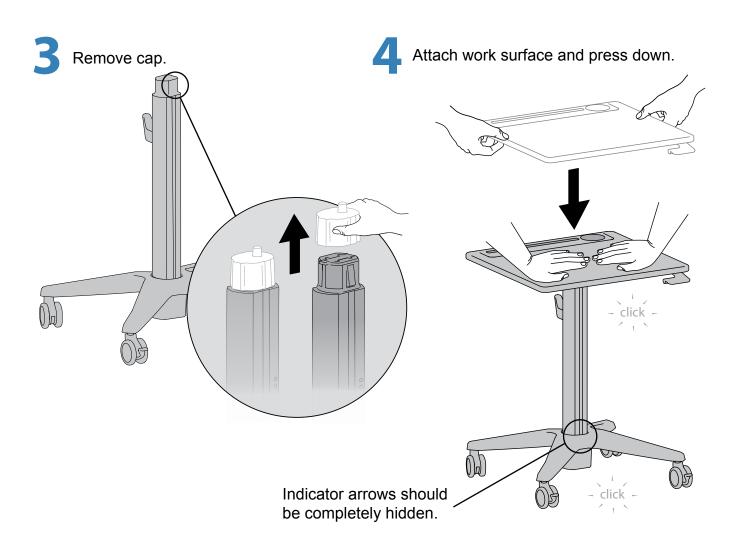




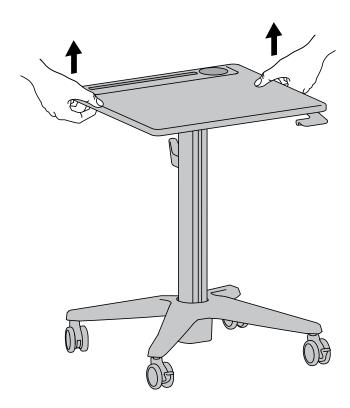
# Remove base orientation indicator from base.

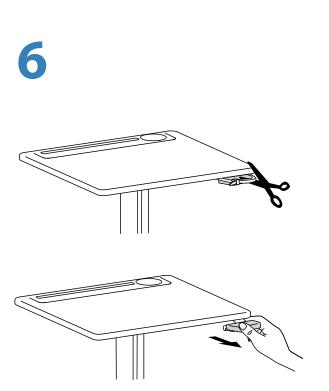




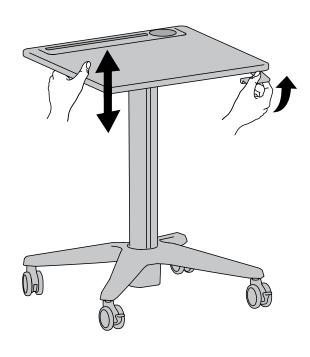


Lift up on the work surface to make sure it is securely attached to the base.

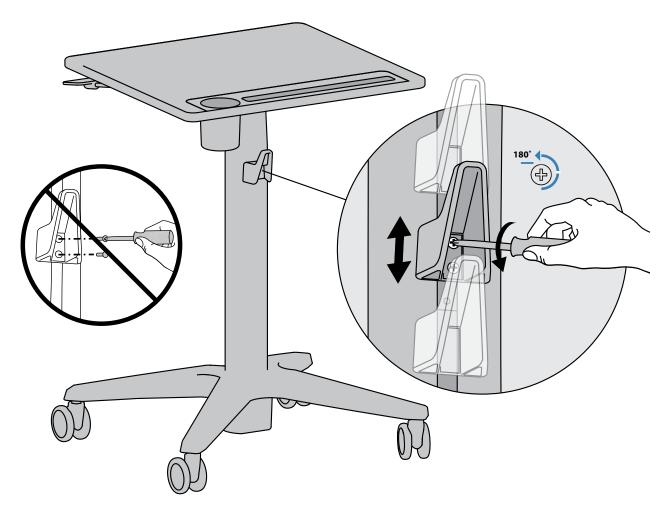


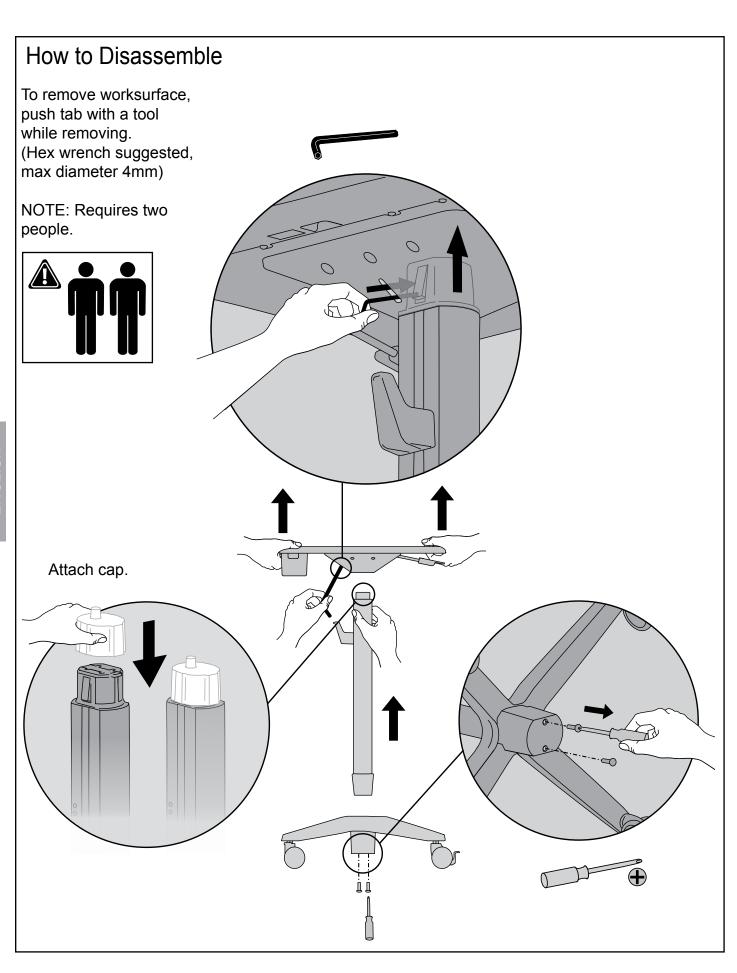


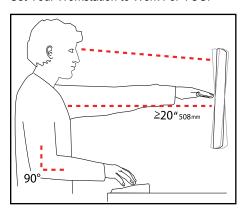
Lift brake release lever to raise and lower riser.



8 Loosen, but do not remove 2 screws to lift and lower hook to desired height.







Learn more about ergonomic computer use at: www.computingcomfort.org

Height Position top of screen slightly below eye level.

Position keyboard at about elbow height with wrists flat.

Distance Position screen an arm's length from face—at least 20" (508mm).

Position keyboard close enough to create a 90° angle in elbow.

Angle Tilt screen to eliminate glare.

Tilt the keyboard back 10° so that your wrists remain flat.

To Reduce Fatigue

Breathe - Breathe deeply through your nose.

Blink - Blink often to avoid dry eyes. Break • 2 to 3 minutes every 20 minutes

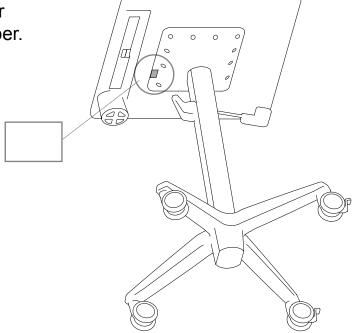
• 15 to 20 minutes every 2 hours.

For service and warranty visit www.ergotron.com/warranty

For local customer care phone numbers visit: <a href="http://contact.ergotron.com">http://contact.ergotron.com</a>



NOTE: When contacting customer service, reference the serial number.



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